



MONDAY MENU

PREMIUM BREAKS Tea & Coffee

&

Mini Bacon & Sausage Blah with Relish
or
Cinnamon Swirls
or
Selection of Pastries
or
Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Spiced Carrot & Lentil Soup with Crème Fraiche & Chilli Oil

Tes & Coffee

BUFFET LUNCH

Butter Chicken with Natural Yoghurt & Cashew Nuts
Served with Basmati Rice

Paupiettes of Lemon Sole with White Wine, Lemon & Dill Cream Reduction

Baby Potatoes with Sweet Paprika & Garlic Salt

Cous Cous Salad with Onions, Peppers,
Cucumber & Cilantro

Stilton & Apple, Walnut, Seasonal Leaf & Pumpkin Seed Salad

Served with Chefs Selection of Breads



TUESDAY MENU

PREMIUM BREAKS

Tea & Coffee

&

Apple Turnover or Apple & Cinnamon Baked Oat Bars

or
Selection of Pastries

or

Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Roasted Red Pepper & Butternut Squash
Soup

Tes & Coffee

BUFFET LUNCH

Honey & Ginger Beef Stir Fry with Hoisin Sauce Served with Basmati Rice

Baked Fillet of Hake with Plum Tomato, Smoked Garlic, Coriander & Spring Onion Salad

Baked Potatoes with Sweet Paprika & Garlic Salt

Julienne Apple Salad

Baby Spinach & Lemon Salad

Served with Chefs Selection of Breads



WEDNESDAY MENU

PREMIUM BREAKS

Tea & Coffee

&

Mini Pancakes with Honey or Homemade Granola Bars or

Selection of Pastries

Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Cream of Vegetable Soup

Tes & Coffee

BUFFET LUNCH

Shredded Sweet & Sour Chicken Served with Basmati Rice

Slow Roasted Pork Loin with Wholegrain Mustard & Tarragon Cream Sauce

Roasted Potatoes with Garlic & Thyme

Superfood Salad

Watercress, Petit Poi`s, Broad Beans, Broccoli, Quinoa and Blue Poppy Seed Salad

Served with Chefs Selection of Breads



THURSDAY MENU

PREMIUM BREAKS

Tea & Coffee

&

Yogurt Pots with Berry Compote
or
Open Scones with Selection of Jams
or
Selection of Pastries
or
Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Minestrone Soup

Tes & Coffee

BUFFET LUNCH

Italian Style Beef Lasagna

Fillet of Hake with Caper, Chilli & Parsley Emulsion

Baby Potatoes with Sea Salt, Butter & Parsley

Caesar Salad

Feta, Watermelon, Olive, Carrot, Spinach & Chia Seed Salad

Served with Chefs Selection of Breads



FRIDAY MENU

PREMIUM BREAKS

Tea & Coffee

&

Mini Pancakes with Chocolate Drizzle

o r

Pain Au Chocolat

o r

Selection of Pastries

o r

Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Leek & Potato Soup

Tes & Coffee

BUFFET LUNCH

Seared Fillet of Chicken with Mushrooms,
White Beans & Chorizo in Tomato Cream
Sauce

Beef Stroganoff with Sour Cream, Gherkins, Onion & Mushroom Served with Basmati Rice

Mashed Potatoes

Cobb Salad with Baby Gem, Avocado, Bacon, Tomato, Boiled Egg & Honey Mustard Dressing

Beetroot, Pickled Red Onion, Butternut
Squash, Mixed Leaf,
Coconut & Hazelnut Salad
Served with Chefs Selection of Breads



SATURDAY MENU

PREMIUM BREAKS

Tea & Coffee

&

Lemon Curd Danish Pastry
or
Yogurt Pots with Lemon Jam
or
Selection of Pastries
or
Biscuits with Tea & Coffee

WORKING LUNCH

Selection of Gourmet Sandwiches & Wraps

Tomato & Basil Soup

Tes & Coffee

BUFFET LUNCH

Butter Chicken with Natural Yoghurt & Cashew Nuts Served with Basmati Rice

Paupiettes of Lemon Sole with White Wine, Lemon & Dill Cream Reduction

Baby Potatoes with Sweet Paprika & Garlic Salt

Cous Cous Salad with Onions, Peppers,
Cucumber & Cilantro

Stilton & Apple, Walnut, Seasonal Leaf & Pumpkin Seed Salad

Served with Chefs Selection of Breads